



# Vidyarambh

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## Curriculum: 4-year olds (PreK)

Lesson plans that incorporate age-appropriate activities, manipulatives and worksheets are used in our classrooms. Periodic assessments are performed on every child using ASQ, DRDP and our own assessment guides. As and when needed, we customize the lesson plans to reflect the results from the assessments.

### **Physical Domain:**

- Gross and fine motor activities, healthy eating habits, yoga, safety, hygiene.

### **Social-emotional Domain:**

- Positive guidance provided by well-trained staff to teach the skills for making friends, awareness of space/boundaries, following classroom expectations, talking politely, sharing, waiting for turn, being caring and respectful, teamwork, independence, socially acceptable ways for expressing emotions and negotiating.
- Cultural awareness by celebrating all Indian and American festivals.

### **Cognitive domain:**

#### *Language and Literacy:*

- Reading: Alphabet and phonics, word families, sight words, beginning and ending sounds, rhyming and alliterations, vowels and consonants, phonetic reading, vocabulary
- Writing: Name, upper and lowercase letters, three letter words, sight words, writing numbers
- Speaking: show and tell, retelling/enacting stories.

#### *Math:*

- Number sense (counting, ordering, comparing, sorting), geometric shapes, AB patterns, measurements, introduction to time and money, adding and counting with the help of counters
- Trace/Write numbers

#### *Shlokas/Bhajans/Music:*

- Daily prayer and shlokas, weekly bhajan time, music and movements

#### *Arts:*

- Process art on different mediums, crafts from recycled materials (children work independently with minimum adult intervention)